



**FAIRFIELD RECREATION SENIOR CITIZEN LOW-IMPACT AEROBICS**

**Monday, September 12 thru Wednesday, December 14<sup>th</sup>**

**Monday: 10:30am to 11:30am**

**Wednesday: 11:00am to 12:00pm**

**Where: Fairfield Recreation**

**221 Hollywood Avenue**

**Instructor: Ms Lynne Balz**

**Fee: \$42 for 14 sessions/ \$84 for 28 sessions**

**Please make checks payable to "Fairfield Recreation"**

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**FAIRFIELD DEPARTMENT OF RECREATION  
SENIOR CITIZEN LOW-IMPACT AEROBICS  
September 12<sup>th</sup> thru December 14<sup>th</sup>**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ TOWN \_\_\_\_\_

PHONE \_\_\_\_\_ EMERGENCY PHONE \_\_\_\_\_

**MONDAY CLASS** \_\_\_\_\_ **WEDNESDAY CLASS** \_\_\_\_\_

**BOTH MONDAY & WEDNESDAY CLASS** \_\_\_\_\_

AGE \_\_\_\_\_ ALLERGIES \_\_\_\_\_

Any Medical Conditions \_\_\_\_\_

I declare that the applicant named above has been examined by a physician within three months prior to the date of registration and has been deemed physically able to participate in the Senior Citizen Low-Impact Aerobics Program. I understand that by signing this waiver I agree not to hold the Township of Fairfield, the Fairfield Department of Recreation and staff, or the instructor responsible for accidents or injuries suffered while participating in this program.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

Return registration to: Fairfield Department of Recreation, Attn: Tony Pompei  
221 Hollywood Avenue, Fairfield NJ 07004