

## **RESOURCES FOR SENIORS**

**Fairfield Town Hall:** 973-882-2700

**Fairfield Recreation:** 973-882-2745

**Health Department (West Caldwell):** 973-226-2303

**AARP:** offers information on living well, valuable community services and publications; **1-866-542-8165**

**Better Business Bureau of New Jersey:** To check out a business or charity or file a complaint call **609-588-0808**.

**Essex County Division on Aging:** 973-395-8375

**Food Pantry:** Tzu Chi Food Pantry, 150 Commerce Road, Cedar Grove, **973-857-8666**

**National Silver Alert Program:** a free, national, online registration program open to ALL senior citizens and individuals of any age with Alzheimer's disease or other cognitive disorders, **1-866-840-3639**.

**NJ Department of Health and Senior Services:** 1-800-367-6543

***Support Services for the Aged and Disabled:*** 1-800-792-9745, Mon. through Fri., 8 am – 5 pm.

1. **The Pharmaceutical Assistance to the Aged and Disabled (PAAD) Program:** PAAD helps eligible low-income seniors and disabled adults pay for their prescription drugs. PAAD beneficiaries are required to enroll in a Medicare Part D Prescription Drug Plan. They will not have to pay premiums, deductibles, and any out-of-pocket costs beyond the PAAD co-payment.
2. **Senior Gold Prescription Discount (Senior Gold) Program:** is a State-funded prescription program with a different co-payment structure and income eligibility guidelines than those of PAAD.
3. **Hearing Aid Assistance to the Aged and Disabled (HAAAD) Program:** Hearing aid assistance for eligible senior citizens and disabled adults.

**NJ Self-Help Clearinghouse:** 973-989-1122

**USA.gov:** is the U.S. government's official web portal. USA.gov makes it easy for the public to get U.S. government information and services on the internet. Call us at **1-800-333-4636**—between 8 am and 8 pm, Mon. through Fri., except federal holidays. Recordings of our frequently asked questions are available 24 hours a day, or you can view them online at ***Answers.USA.gov***.

### ***For Assistance with Utility Bills:***

- **Lifeline Program:** Utility assistance for eligible senior citizens and disabled adults, call **1-800-792-9745**.
- **LIHEAP Home Energy Assistance Program:** Designed to help low-income families and individuals meet home heating and medically necessary cooling costs; call **1-800-510-3102**.
- **NJShares:** Provides help to pay utility bills for households in need; call **1-866-657-4273**.

### ***For Tax Questions:***

- **General Tax Information:** *Automated Services:* **609-826-4400** or **1-800-323-4400**. Pre-recorded information on common tax issues; inquire about the status of your income tax refund; have tax forms mailed to you. *Have your tax questions answered by a Division representative:* **609-826-6400**, 8:30 am - 4:30 pm, Mon.-Fri., except holidays.
- **Homestead Rebate Information:** **1-888-238-1233** Agents are available from 8:30 am - 4:30 pm, Mon. through Fri. to answer questions or to assist homeowners in filing their applications.